

## the ritual

With The Spascape Ritual, every minute of your visit has been carefully choreographed to ensure that each step you take, stress and tension melts away. First you will be guided on a relaxing and purifying journey through our Oxygen Bar to clear your thoughts. Second you will be provided with a soothing herbal foot cleansing with deep sea salts and organic seaweed while you sip on organic tea. Third you will take on the waters with a cool water rainforest shower to invigorate your body followed by an aroma steam room infused with eucalyptus to better prepare you for the Last step, your restorative spa treatment of choosing...

The Ritual is a 30 minute enhancement to any of your Spa services for \$35.

Let it go... Relax!

## spa packages

**SEASIDE ESCAPE** ..... \$200 includes:  
Renewal Facial • Swedish Massage • Manicure • Pedicure

**DAY AT THE BEACH** ..... \$250 includes:  
Sea Salt Body Scrub • Hot Stone Massage • LaStone Facial

**SPASCAPE DAY OF RELAXATION** ..... \$300 includes:  
Seaweed or Mud Wrap • Swedish Massage • Algo Facial • Manicure and Pedicure  
Add-on lunch. .... \$15

## share the love



Best of Boston 2008 & 2009

Silver and Bronze "Regional Favorite"  
Readers Choice 2009

#1 Readers Choice Award 2009



Readers Choice Award 2008

Winner "Best of South Shore" 2008  
South Shore Living

Sign up for our online newsletter to receive Exclusive offers through the *Spascape Day Spa e-Chronicle*. Email us to add you to our list at [info@spascapedayspa.com](mailto:info@spascapedayspa.com). Or sign up online. [www.spascapedayspa.com](http://www.spascapedayspa.com)

## hours

Monday ..... 10 – 5 p.m.  
Tuesday ..... 10 – 5 p.m.  
Wednesday ..... 10 – 5 p.m. .... 5 – 8 p.m. by appointment only  
Thursday ..... 10 – 5 p.m. .... 5 – 8 p.m. by appointment only  
Friday ..... 10 – 5 p.m. .... 5 – 8 p.m. by appointment only  
Saturday ..... 9 a.m. – 5 p.m.  
Sunday ..... 12 noon – 5 p.m.

# SPASCAPE

dayspa

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Scituate, Massachusetts 02066

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[www.spascapedayspa.com](http://www.spascapedayspa.com)

# SPASCAPE

dayspa

Let it go...relax

an award winning, seaside destination  
day spa in scituate harbor, massachusetts

Voted *Best of Boston*

Voted *Regional Favorite* and #1 in Scituate by *Readers Choice Awards*

Voted *Best View* by *The Very BEST of SOUTH SHORE Magazine*

## face

Our approach to fusing ancient wisdom with advanced medical-grade techniques offers exquisite facials, to deep cleanse and completely rejuvenate the skin, while delivering results immediately is an indulgence to the senses. Enjoy fresh fruit and flavor infused water after your treatments in our Spa relaxation area.

Spascape Signature Facial .....	\$115
Spascape Renewal Facial .....	\$80
Spascape Express Facial .....	\$50
LaStone Facial .....	\$110
Teen Renewal Facial .....	\$70
Glycolic Peel .....	\$60
Botinol Anti-Aging Treatment .....	\$150
Collagen 90 II .....	\$125
Sea C Spa .....	\$125
Oxygen Puractive .....	\$125
Hydrolifting .....	\$120
Algo Facial .....	\$115

## add-ons

Foot Reflexology .....	\$35
Hands/Feet Paraffin .....	\$15
Hair & Scalp treatment .....	\$15
Milk & Honey Hand Restoration .....	\$25

[www.spasapedayspa.com](http://www.spasapedayspa.com)

# SPASCAPE

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## massage

Enjoy fresh fruit flavored infused water after your treatments in our Spa relaxation area.

30 minute: \$50 • 60 minute: \$70 • 90 minute: \$120 • Infant: \$50

**SWEDISH MASSAGE:** Custom designed, your spa therapist will focus on relaxing your muscles. Aromatherapy oil blends penetrate your skin and soothe your body.

**DEEP TISSUE MASSAGE:** This massage helps to warm and relax the muscles and improve range of motion. Enjoy before physical activity to increase flexibility and afterward to help the speedy recovery of strained muscles.

**NURTURING MASSAGE FOR MOTHER-TO-BE:** The nine-month journey of nurturing is a special time for both mother and child.

**HOT STONE THERAPY:** Basalt Stones bathed in warm water and anointed with the spicy, sensual oils of the Orient are massaged on key energy points of your body to balance the spirit.

**SPORTS MASSAGE:** Custom designed, your spa therapist will focus on specific muscle and joint aches and pains. Aromatherapy oil blends penetrate your skin and soothe tired and overworked muscles.

**REFLEXOLOGY:** From Asian antiquity, Reflexology is based on the Chinese philosophy that all the vital organs within the body are connected by invisible pathways to specific points located on the soles of the feet.

**REIKI:** Reiki works on our entire energetic being, delivering energy to the cells, revitalizing the body's own healing ability. The practitioner's hands are placed in noninvasive positions on the body. Each response to Reiki is as unique as each individual.

## body treatments

Body Polish .....	\$90
Warm Marine Seaweed wrap .....	\$90
Midnight Honey Body Cocoon .....	\$125
Hot Toddy for the Body .....	\$125
Sea Rose & Lavendar Cocoon .....	\$125

## nails

Spascape Manicure .....	\$30
Spascape Pedicure .....	\$50
Spascape Manicure & Pedicure .....	\$75
LaStone Reflexology Pedicure .....	\$85
Express Manicure .....	\$15
Express Pedicure .....	\$30

## hair removal

Brow .....	\$15
Lip, Chin or Neck .....	\$10 each
Lip, Brow & Chin .....	\$30
Underarm .....	\$25
Forearm .....	\$30
Bikini .....	\$35
Brazilian .....	\$65+
Upper Leg .....	\$50
Lower Leg .....	\$30
Back Wax .....	\$50

## makeup-artistry

Jane Iredale Mineral Make-up Application .....	\$30
Consultation .....	\$50
Bridal .....	please call for quote

## advanced, alternative & specialty treatments

Botox or Laser Hair Removal .....	please call for quote
Private & Semi-private Yoga .....	please call for quote
Bridal Boot Camp .....	please call for quote
Ultrasonic Treatment .....	\$125
Wrinkle Release (WRX) .....	\$150
Chemical Peels .....	\$125+
Microdermabrasion .....	\$150